

INTENSE PULSE LIGHT (IPL) PATIENT INFORMATION

POST TREATMENT CARE

- Aerobic exercise should be avoided for 24-hours when treated for leg veins.
- Hot baths are not advised for 24-hours. Quick warm showers are recommended.
- If the skin is broken or a blister appears, apply an antibiotic ointment and have the patient notify the physician. The area should be kept lubricated to prevent crusting or scabbing of tissue.
- Cold packs, aloe vera or any other cooling preparation may be used for temporary discomfort.
- Prolonged sun exposure is to be avoided for 4 weeks before and after treatment. A total sun block, not a sunscreen, should be applied if it is impossible to comply. If further treatment is needed a commitment to stay out of the sun is necessary. Sun exposure may cause certain complications (possibly of blistering and/or hyperpigmentation). This should be discussed fully before and after treatments.
- If compression is applied, remove it within 24 hours.
- If you have any questions or concerns, please contact the Medicus office without hesitation.
- For epilation treatment, care should be taken to prevent trauma to the treated area for the first 4 or 5 days. Do not wax or tweeze between treatments.
- Makeup can be applied as long as the skin is not broken. Makeup can also serve to protect the skin from sun exposure.